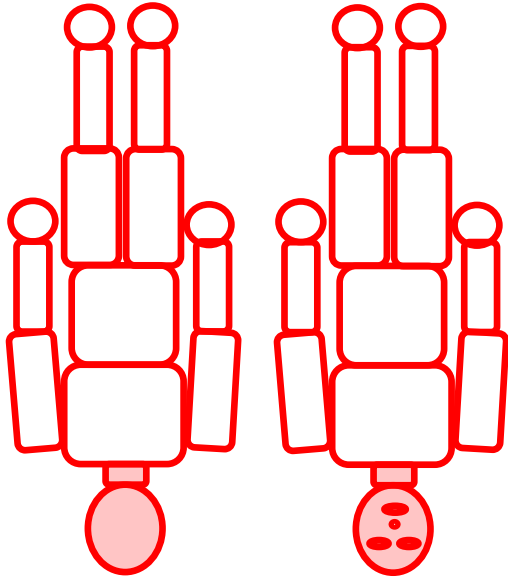


Card: 3

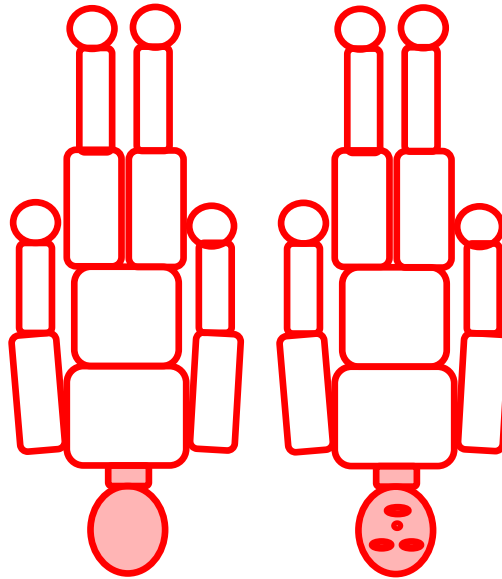
CRC Exercise Toolkit
Contamination Card



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Card: 2

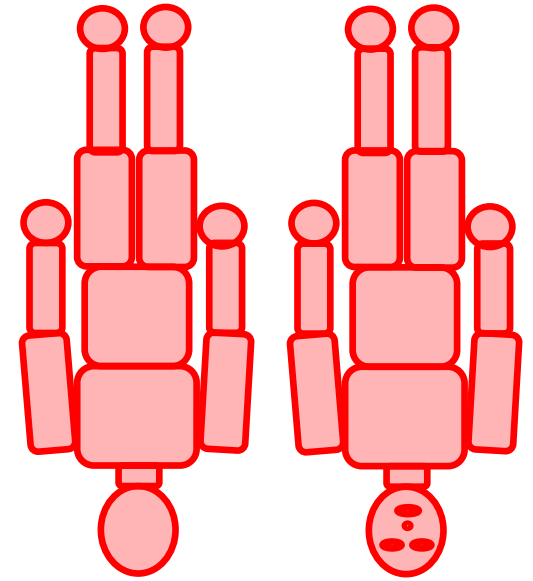
CRC Exercise Toolkit
Contamination Card



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Card: 1

CRC Exercise Toolkit
Contamination Card



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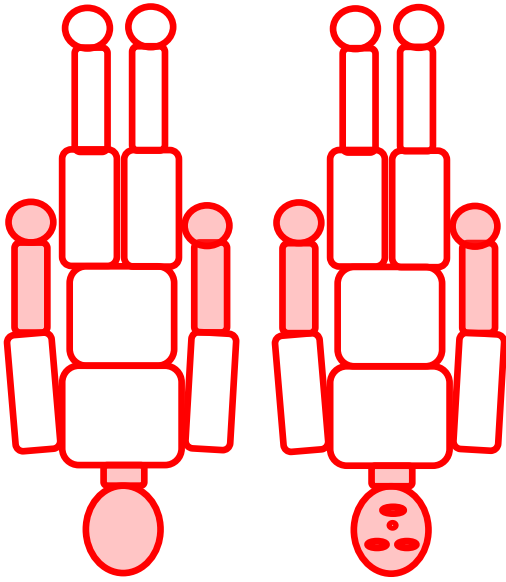
Body Area	cpm	cpm	mR/hr
Face	1300	702	0.4
Back of Head	1000	540	0.3
Neck	650	351	0.2
Shoulders			
Fore Arms			
Palms			
Back of Hands			
Chest			
Abdomen			
Back			
Buttocks			
Thighs			
Back of Legs			
Lower Legs			
Calves			
Feet			
Clothing	1750	945	0.5
Shoes	2350	1269	0.7
Nasal Swab	75	41	0.1

Body Area	cpm	cpm	mR/hr
Face	400	216	0.1
Back of Head	250	135	0.1
Neck	250	135	0.1
Shoulders			
Fore Arms			
Palms			
Back of Hands			
Chest			
Abdomen			
Back			
Buttocks			
Thighs			
Back of Legs			
Lower Legs			
Calves			
Feet			
Clothing	800	432	0.2
Shoes	1800	972	0.5
Nasal Swab			

Body Area	cpm	cpm	mR/hr
Face	200	108	0.1
Back of Head	100	54	> BKG
Neck	100	54	> BKG
Shoulders	50	27	> BKG
Fore Arms	100	54	> BKG
Palms	100	54	> BKG
Back of Hands	150	81	> BKG
Chest	100	54	> BKG
Abdomen	100	54	> BKG
Back	100	54	> BKG
Buttocks	100	54	> BKG
Thighs	100	54	> BKG
Back of Legs	100	54	> BKG
Lower Legs	100	54	> BKG
Calves	100	54	> BKG
Feet	200	108	0.1
Clothing	450	243	0.2
Shoes	500	270	0.1
Nasal Swab			

Card: 6

Contamination Card
CRC Exercise Toolkit

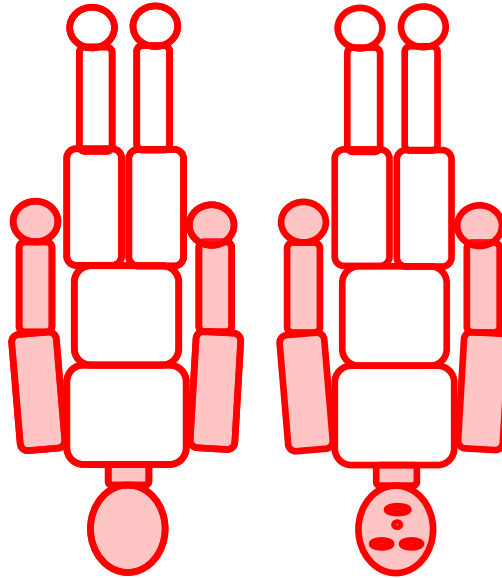


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Card: 5

Contamination Card
CRC Exercise Toolkit

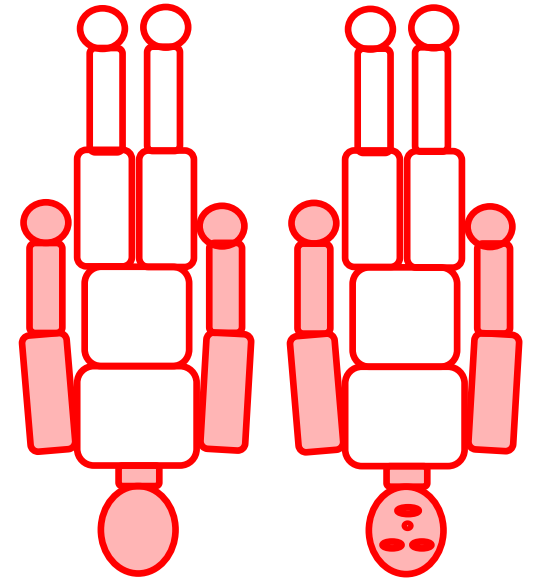


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Card: 4

Contamination Card
CRC Exercise Toolkit



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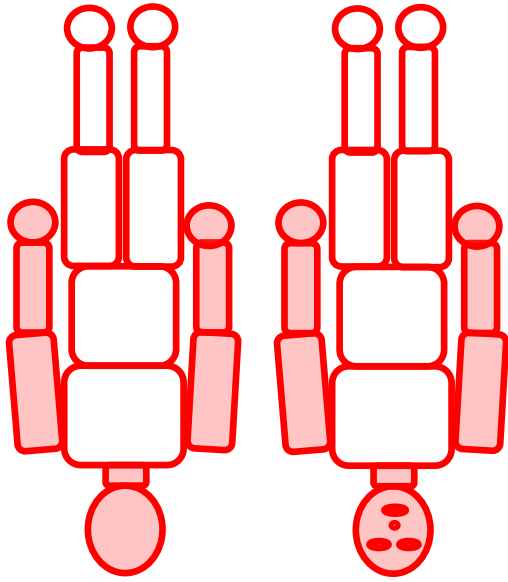
Body Area	cpm	cpm	mR/hr
Face	4700	2538	1.4
Back of Head	3700	1998	1.1
Neck	2850	1539	0.8
Shoulders			
Fore Arms	2950	1593	0.9
Palms	6700	3618	1.9
Back of Hands	3525	1904	1.0
Chest			
Abdomen			
Back			
Buttocks			
Thighs			
Back of Legs			
Lower Legs			
Calves			
Feet			
Clothing	8100	4374	2.3
Shoes	8350	4509	2.4
Nasal Swab	255	138	0.1

Body Area	cpm	cpm	mR/hr
Face	3200	1728	0.9
Back of Head	2200	1188	0.6
Neck	2300	1242	0.7
Shoulders	1450	783	0.4
Fore Arms	1850	999	0.5
Palms	5600	3024	1.6
Back of Hands	2775	1500	0.8
Chest			
Abdomen			
Back			
Buttocks			
Thighs			
Back of Legs			
Lower Legs			
Calves			
Feet			
Clothing	8200	4428	2.4
Shoes	5650	3051	1.6
Nasal Swab	185	100	0.1

Body Area	cpm	cpm	mR/hr
Face	1800	972	0.5
Back of Head	1400	756	0.4
Neck	950	513	0.3
Shoulders	700	378	0.2
Fore Arms	1350	729	0.4
Palms	2300	1242	0.7
Back of Hands	1500	810	0.4
Chest			
Abdomen			
Back			
Buttocks			
Thighs			
Back of Legs			
Lower Legs			
Calves			
Feet			
Clothing	4100	2214	1.2
Shoes	5050	2727	1.5
Nasal Swab	140	75	0.1

Card: 9

CRC Exercise Toolkit
Contamination Card

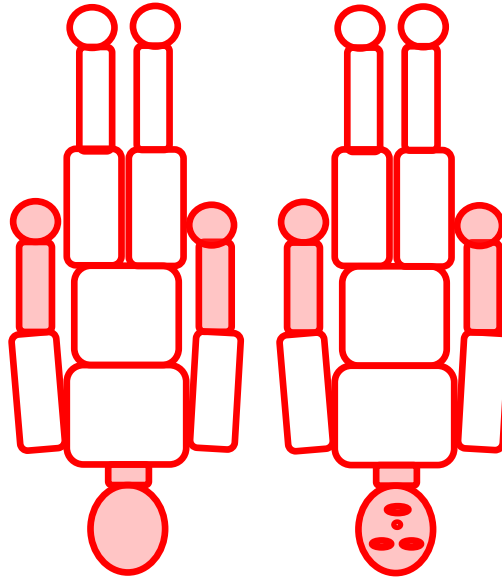


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Card: 8

CRC Exercise Toolkit
Contamination Card

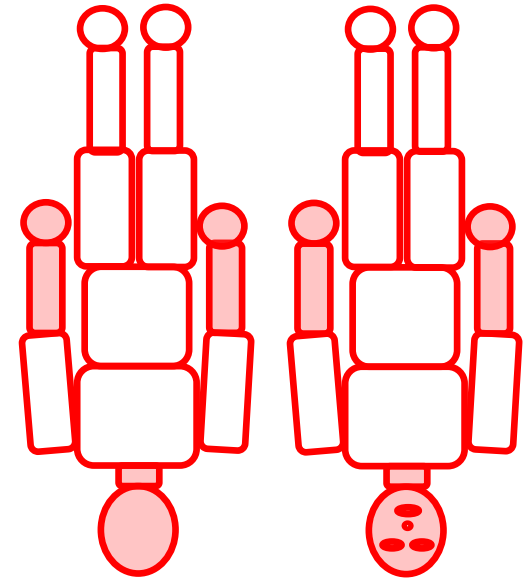


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Card: 7

CRC Exercise Toolkit
Contamination Card



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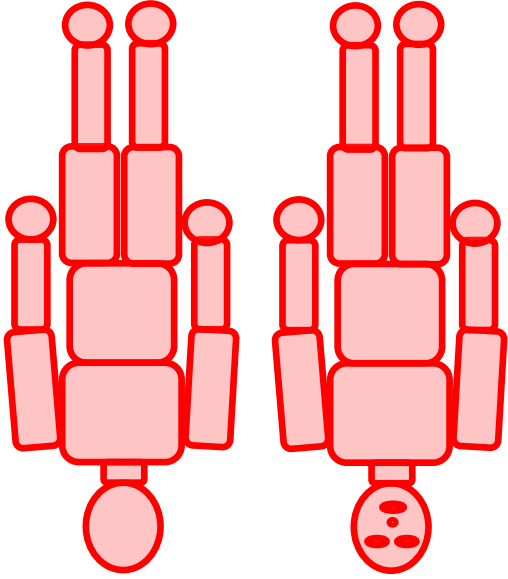
Body Area	cpm	cpm	mR/hr
Face	2400	1296	0.7
Back of Head	1350	729	0.4
Neck	1850	999	0.5
Shoulders	1100	594	0.3
Fore Arms	1450	783	0.4
Palms	3600	1944	1.0
Back of Hands	2550	1377	0.7
Chest			
Abdomen			
Back			
Buttocks			
Thighs			
Back of Legs			
Lower Legs			
Calves			
Feet			
Clothing	6750	3645	2.0
Shoes	10400	5616	3.0
Nasal Swab	220	119	0.1

Body Area	cpm	cpm	mR/hr
Face	2400	1296	0.7
Back of Head	1300	702	0.4
Neck	1450	783	0.4
Shoulders			
Fore Arms	1550	837	0.4
Palms	3500	1890	1.0
Back of Hands	2625	1418	0.8
Chest			
Abdomen			
Back			
Buttocks			
Thighs			
Back of Legs			
Lower Legs			
Calves			
Feet			
Clothing	5600	3024	1.6
Shoes	99600	5184	2.8
Nasal Swab	225	122	0.1

Body Area	cpm	cpm	mR/hr
Face	3600	1944	1.0
Back of Head	2100	1134	0.6
Neck	2450	1323	0.7
Shoulders			
Fore Arms	2450	1323	0.7
Palms	3300	1782	1.0
Back of Hands	2775	1500	0.8
Chest			
Abdomen			
Back			
Buttocks			
Thighs			
Back of Legs			
Lower Legs			
Calves			
Feet			
Clothing	7300	3942	2.1
Shoes	9000	4860	2.6
Nasal Swab	235	127	0.1

Card: 12

CRC Exercise Toolkit
Contamination Card

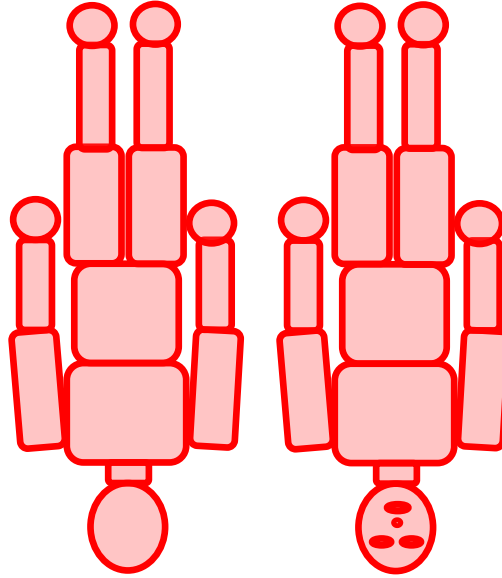


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Card: 11

CRC Exercise Toolkit
Contamination Card

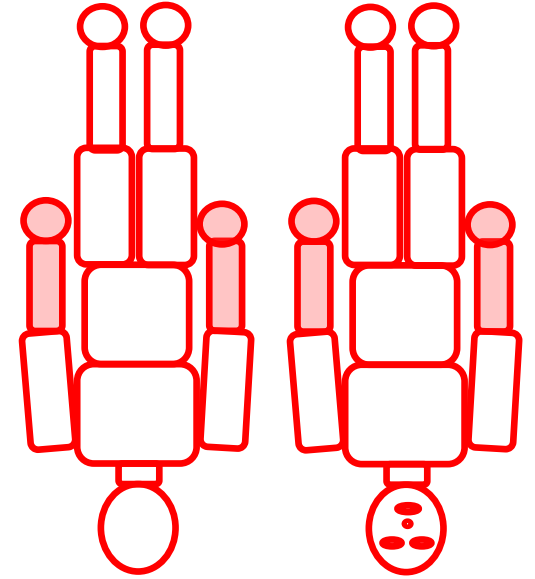


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Card: 10

CRC Exercise Toolkit
Contamination Card



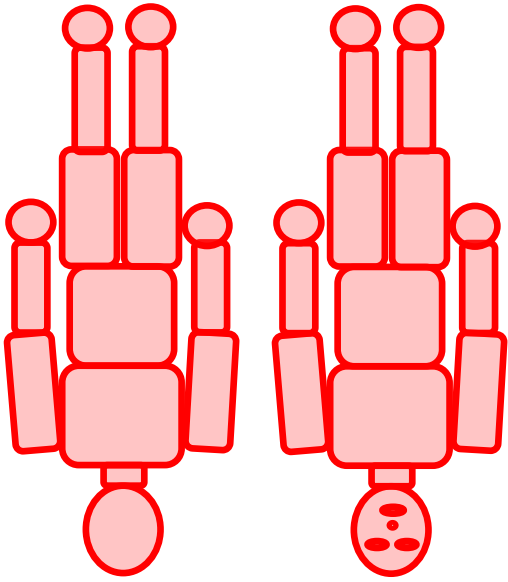
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Body Area	cpm	cpm	mR/hr
Face	8700	4698	2.5
Back of Head	4850	2619	1.4
Neck	6650	3591	1.9
Shoulders	4850	2619	1.4
Fore Arms	6850	3699	2.0
Palms	7800	4212	2.3
Back of Hands	8175	4415	2.4
Chest	6000	3240	1.7
Abdomen	5350	2889	1.6
Back	6750	3645	2.0
Buttocks	4850	2619	1.4
Thighs	5300	2862	1.5
Back of Legs	5350	2889	1.6
Lower Legs	5200	2808	1.5
Calves	6150	3321	1.8
Feet	6950	3753	2.0
Clothing	11800	6372	3.4
Shoes	17800	9612	5.2
Nasal Swab	535	289	0.2

Body Area	cpm	cpm	mR/hr
Face	8500	4590	2.5
Back of Head	6700	3618	1.9
Neck	5600	3024	1.6
Shoulders	4500	2430	1.3
Fore Arms	5650	3051	1.6
Palms	8600	4644	2.5
Back of Hands	9375	5063	2.7
Chest	6450	3483	1.9
Abdomen	6450	3483	1.9
Back	6250	3375	1.8
Buttocks	6600	3564	1.9
Thighs	6500	3510	1.9
Back of Legs	4400	2376	1.3
Lower Legs	5650	3051	1.6
Calves	6500	3510	1.9
Feet	7200	3888	2.1
Clothing	17750	9585	5.1
Shoes	13850	7479	4.0
Nasal Swab	745	402	0.2

Body Area	cpm	cpm	mR/hr
Face			
Back of Head			
Neck			
Shoulders			
Fore Arms	6750	3645	2.0
Palms	10200	5508	3.0
Back of Hands	6975	3767	2.0
Chest			
Abdomen			
Back			
Buttocks			
Thighs			
Back of Legs			
Lower Legs			
Calves			
Feet			
Clothing	22600	12204	6.6
Shoes	13550	7317	3.9
Nasal Swab			

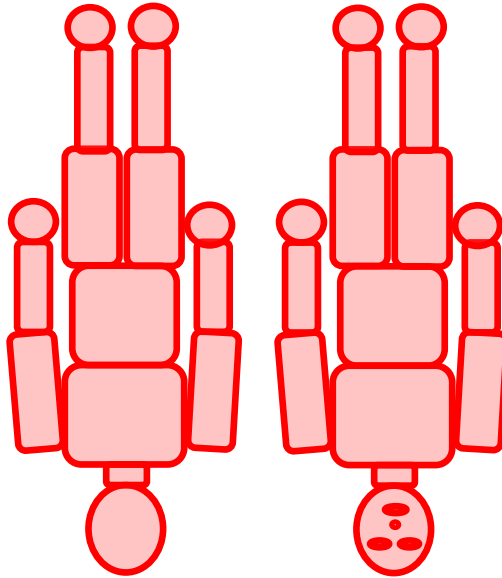
Card: 15



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Contamination Card

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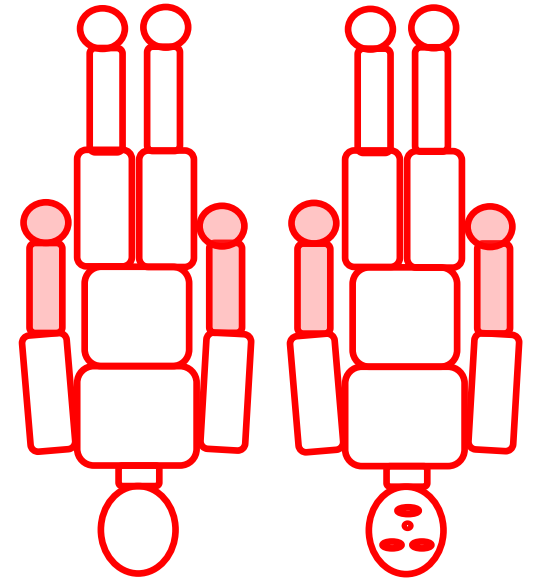
Card: 14



CRC Exercise Toolkit
Contamination Card

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Card: 13



CRC Exercise Toolkit
Contamination Card

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Fold here

Fold here

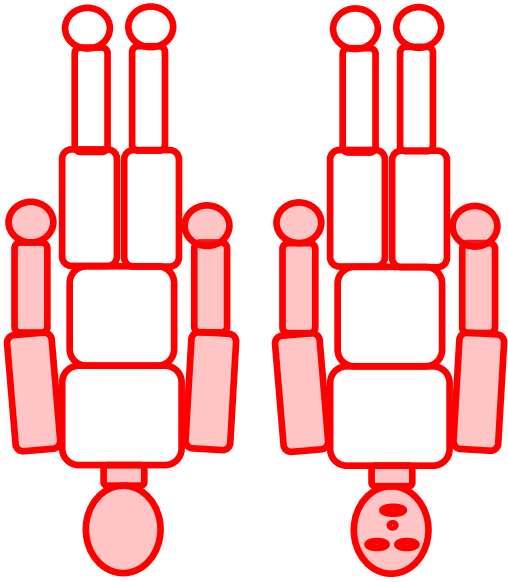
Body Area	cpm	cpm	mR/hr
Face	10000	5400	2.9
Back of Head	5600	3024	1.6
Neck	6700	3618	1.9
Shoulders	4800	2592	1.4
Fore Arms	7500	4050	2.2
Palms	10000	5400	2.9
Back of Hands	8700	4698	2.5
Chest	6800	3672	2.0
Abdomen	5300	2862	1.5
Back	5300	2862	1.5
Buttocks	7200	3888	2.1
Thighs	5900	3186	1.7
Back of Legs	5300	2862	1.5
Lower Legs	7100	3834	2.1
Calves	7600	4104	2.2
Feet	11800	6372	3.4
Clothing	29100	15714	8.4
Shoes	21000	11340	6.1
Nasal Swab	900	486	0.3

Body Area	cpm	cpm	mR/hr
Face	6400	3456	1.9
Back of Head	4900	2646	1.4
Neck	4950	2673	1.4
Shoulders	2800	1512	0.8
Fore Arms	4650	2511	1.3
Palms	8800	4752	2.6
Back of Hands	7650	4131	2.2
Chest	3550	1917	1.0
Abdomen	4000	2160	1.2
Back	4500	2430	1.3
Buttocks	4350	2349	1.3
Thighs	4400	2376	1.3
Back of Legs	3700	1998	1.1
Lower Legs	3800	2052	1.1
Calves	4950	2673	1.4
Feet	12050	6507	3.5
Clothing	17850	9639	5.2
Shoes	20150	10881	5.8
Nasal Swab	605	327	0.2

Body Area	cpm	cpm	mR/hr
Face			
Back of Head			
Neck			
Shoulders			
Fore Arms	5250	2835	1.5
Palms	8900	4806	2.6
Back of Hands	5850	3159	1.7
Chest			
Abdomen			
Back			
Buttocks			
Thighs			
Back of Legs			
Lower Legs			
Calves			
Feet			
Clothing			
Shoes	20050	10827	5.8
Nasal Swab			

Card: 18

CRC Exercise Toolkit
Contamination Card

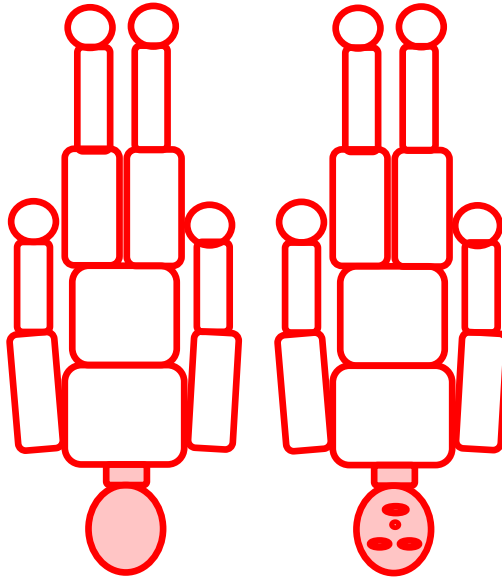


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Card: 17

CRC Exercise Toolkit
Contamination Card

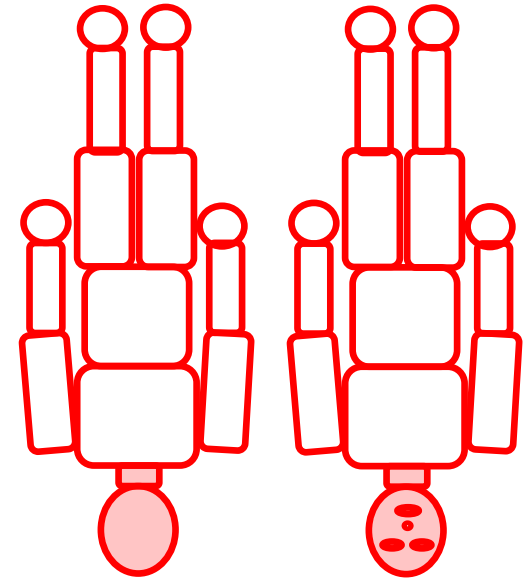


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Card: 16

CRC Exercise Toolkit
Contamination Card



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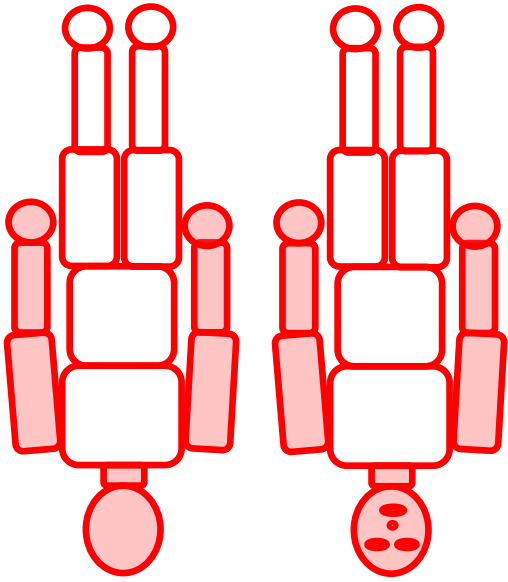
Body Area	cpm	cpm	mR/hr
Face	9400	5076	2.7
Back of Head	6550	3537	1.9
Neck	5900	3186	1.7
Shoulders	5150	2781	1.5
Fore Arms	4750	2565	1.4
Palms	10900	5886	3.2
Back of Hands	9525	5144	2.8
Chest			
Abdomen			
Back			
Buttocks			
Thighs			
Back of Legs			
Lower Legs			
Calves			
Feet			
Clothing	27900	15066	8.1
Shoes	25150	13581	7.3
Nasal Swab	920	497	0.3

Body Area	cpm	cpm	mR/hr
Face	7000	3780	2.0
Back of Head	3550	1917	1.0
Neck	3500	1890	1.0
Shoulders			
Fore Arms			
Palms			
Back of Hands			
Chest			
Abdomen			
Back			
Buttocks			
Thighs			
Back of Legs			
Lower Legs			
Calves			
Feet			
Clothing	9800	5292	2.8
Shoes	22150	11961	6.4
Nasal Swab	405	219	0.1

Body Area	cpm	cpm	mR/hr
Face	4600	2484	1.3
Back of Head	2750	1485	0.8
Neck	3450	1863	1.0
Shoulders			
Fore Arms			
Palms			
Back of Hands			
Chest			
Abdomen			
Back			
Buttocks			
Thighs			
Back of Legs			
Lower Legs			
Calves			
Feet			
Clothing	10350	5589	3.0
Shoes	21150	11421	6.1
Nasal Swab	375	203	0.1

Card: 21

CRC Exercise Toolkit
Contamination Card



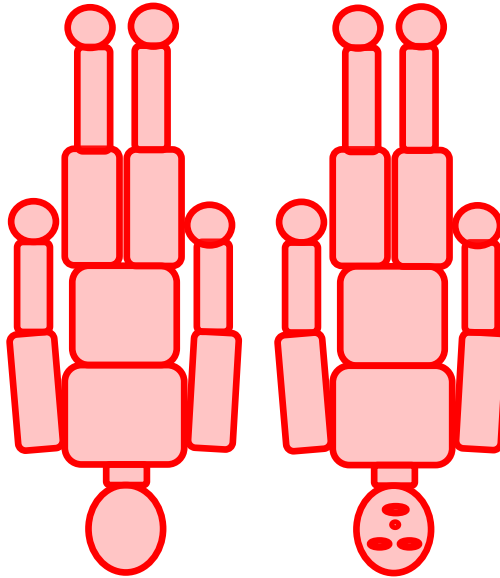
Fold here

Body Area	cpm	cpm	mR/hr
Face	17500	9450	5.1
Back of Head	9800	5292	2.8
Neck	9600	5184	2.8
Shoulders	9950	5373	2.9
Fore Arms	12050	6507	3.5
Palms	24500	13230	7.1
Back of Hands	13350	7209	3.9
Chest			
Abdomen			
Back			
Buttocks			
Thighs			
Back of Legs			
Lower Legs			
Calves			
Feet			
Clothing	41450	22383	12.0
Shoes	28150	15201	8.2
Nasal Swab	890	481	0.3

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Card: 20

CRC Exercise Toolkit
Contamination Card



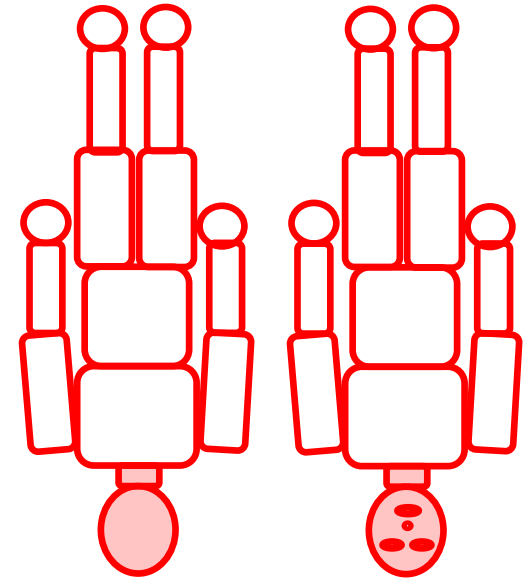
Fold here

Body Area	cpm	cpm	mR/hr
Face	8600	4644	2.5
Back of Head	6150	3321	1.8
Neck	4350	2349	1.3
Shoulders	4000	2160	1.2
Fore Arms	4450	2403	1.3
Palms	10100	5454	2.9
Back of Hands	8475	4577	2.5
Chest	5200	2808	1.5
Abdomen	5550	2997	1.6
Back	6100	3294	1.8
Buttocks	6750	3645	2.0
Thighs	6000	3240	1.7
Back of Legs	5800	3132	1.7
Lower Legs	4900	2646	1.4
Calves	6750	3645	2.0
Feet	8500	4590	2.5
Clothing	18650	10071	5.4
Shoes	25350	13689	7.4
Nasal Swab	635	343	0.2

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Card: 19

CRC Exercise Toolkit
Contamination Card

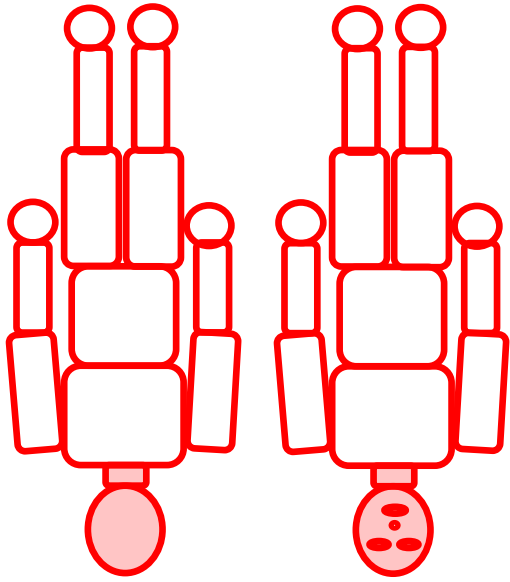


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Body Area	cpm	cpm	mR/hr
Face	8000	4320	2.3
Back of Head	6200	3348	1.8
Neck	4300	2322	1.2
Shoulders			
Fore Arms			
Palms			
Back of Hands			
Chest			
Abdomen			
Back			
Buttocks			
Thighs			
Back of Legs			
Lower Legs			
Calves			
Feet			
Clothing	17000	9180	4.9
Shoes	25250	13635	7.3
Nasal Swab	400	216	0.1

Card: 24

Contamination Card
CRC Exercise Toolkit



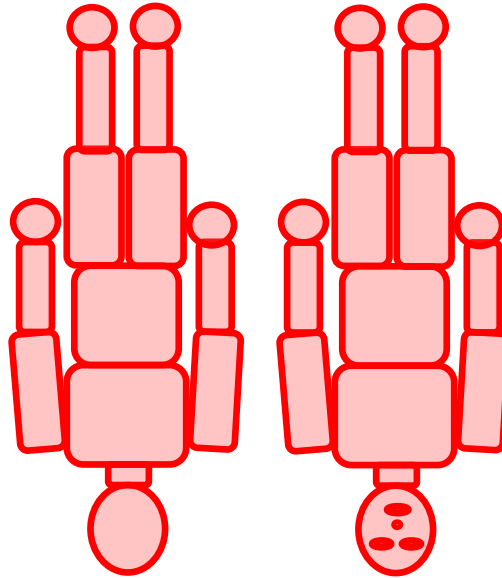
Fold here

Body Area	cpm	cpm	mR/hr
Face	19100	10314	5.5
Back of Head	9550	5157	2.8
Neck	12600	6804	3.7
Shoulders			
Fore Arms			
Palms			
Back of Hands			
Chest			
Abdomen			
Back			
Buttocks			
Thighs			
Back of Legs			
Lower Legs			
Calves			
Feet			
Clothing	33000	17820	9.6
Shoes	28800	15552	8.4
Nasal Swab	1485	802	0.4

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Card: 23

Contamination Card
CRC Exercise Toolkit



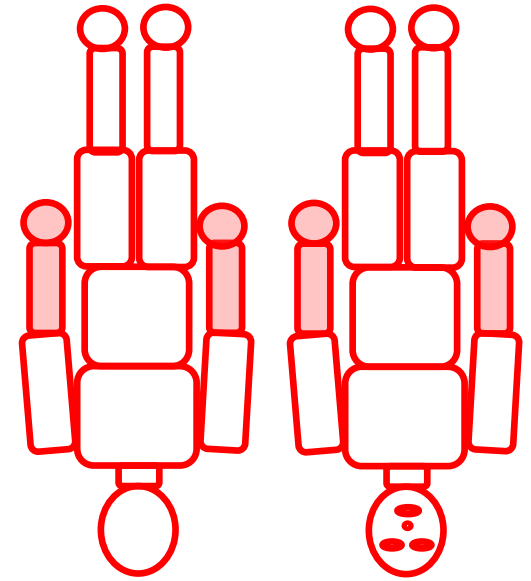
Fold here

Body Area	cpm	cpm	mR/hr
Face	11500	6210	3.3
Back of Head	7700	4158	2.2
Neck	7200	3888	2.1
Shoulders	4700	2538	1.4
Fore Arms	6300	3402	1.8
Palms	10300	5562	3.0
Back of Hands	9600	5184	2.8
Chest	7000	3780	2.0
Abdomen	8150	4401	2.4
Back	8050	4347	2.3
Buttocks	7000	3780	2.0
Thighs	7000	3780	2.0
Back of Legs	6550	3537	1.9
Lower Legs	9050	4887	2.6
Calves	7100	3834	2.1
Feet	11700	6318	3.4
Clothing	29550	15957	8.6
Shoes	28750	15525	8.3
Nasal Swab	575	311	0.2

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Card: 22

Contamination Card
CRC Exercise Toolkit

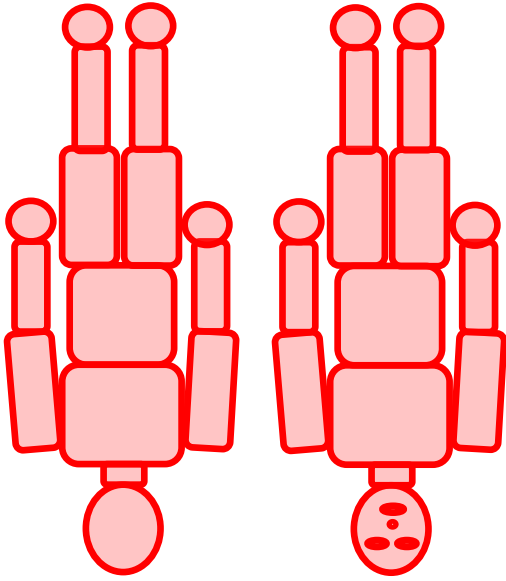


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Body Area	cpm	cpm	mR/hr
Face			
Back of Head			
Neck			
Shoulders			
Fore Arms	13550	7317	3.9
Palms	23100	12474	6.7
Back of Hands	12700	6858	3.7
Chest			
Abdomen			
Back			
Buttocks			
Thighs			
Back of Legs			
Lower Legs			
Calves			
Feet			
Clothing			
Shoes	28700	15498	8.3
Nasal Swab			

Card: 27

Contamination Card
CRC Exercise Toolkit

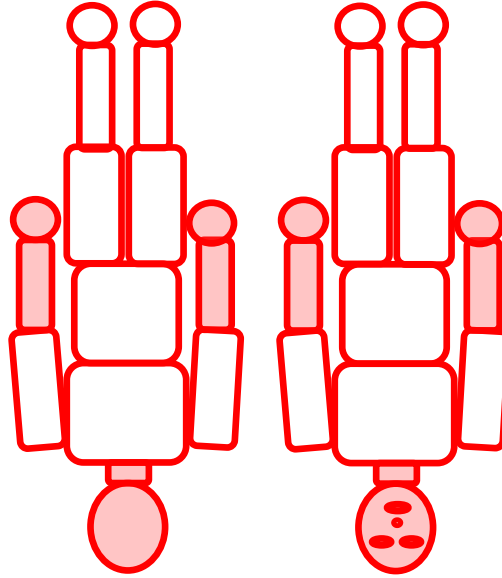


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Card: 26

Contamination Card
CRC Exercise Toolkit

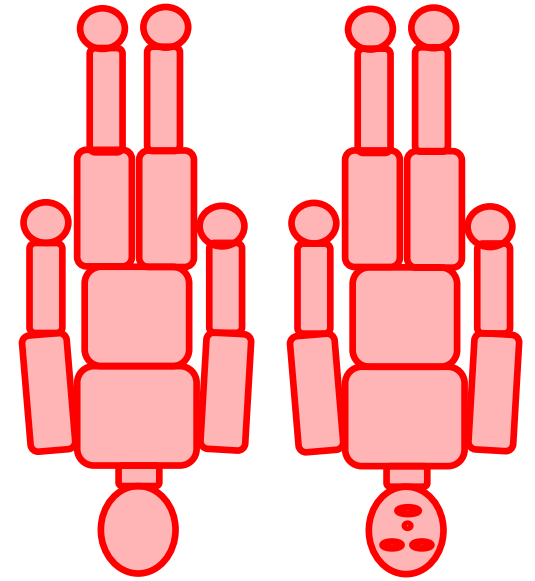


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Card: 25

Contamination Card
CRC Exercise Toolkit



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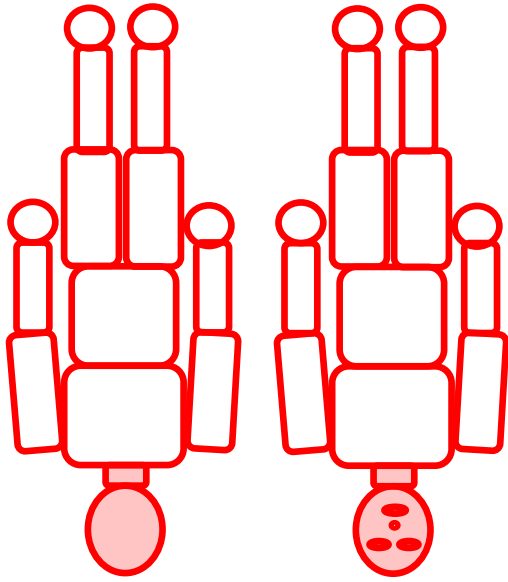
Body Area	cpm	cpm	mR/hr
Face	18700	10098	5.4
Back of Head	13250	7155	3.8
Neck	11400	6156	3.3
Shoulders	12900	6966	3.7
Fore Arms	11750	6345	3.4
Palms	29900	16146	8.7
Back of Hands	19050	10287	5.5
Chest	13800	7452	4.0
Abdomen	10250	5535	3.0
Back	14550	7857	4.2
Buttocks	13650	7371	4.0
Thighs	12700	6858	3.7
Back of Legs	10800	5832	3.1
Lower Legs	13450	7263	3.9
Calves	12900	6966	3.7
Feet	34400	18576	10.0
Clothing	37000	19980	10.7
Shoes	33250	17955	9.6
Nasal Swab	1290	697	0.4

Body Area	cpm	cpm	mR/hr
Face	15300	8262	4.4
Back of Head	11750	6345	3.4
Neck	10700	5778	3.1
Shoulders			
Fore Arms	10550	5697	3.1
Palms	13100	7074	3.8
Back of Hands	16050	8667	4.7
Chest			
Abdomen			
Back			
Buttocks			
Thighs			
Back of Legs			
Lower Legs			
Calves			
Feet			
Clothing	33000	17820	9.6
Shoes	33000	17820	9.6
Nasal Swab	1145	618	0.3

Body Area	cpm	cpm	mR/hr
Face	16700	9018	4.8
Back of Head	8500	4590	2.5
Neck	9500	5130	2.8
Shoulders	9150	4941	2.7
Fore Arms	13000	7020	3.8
Palms	24000	12960	7.0
Back of Hands	15225	8222	4.4
Chest	11000	5940	3.2
Abdomen	12650	6831	3.7
Back	13350	7209	3.9
Buttocks	12350	6669	3.6
Thighs	8350	4509	2.4
Back of Legs	11850	6399	3.4
Lower Legs	13150	7101	3.8
Calves	8850	4779	2.6
Feet	24000	12960	7.0
Clothing	27200	14688	7.9
Shoes	30350	16389	8.8
Nasal Swab	1100	594	0.3

Card: 30

CRC Exercise Toolkit
Contamination Card

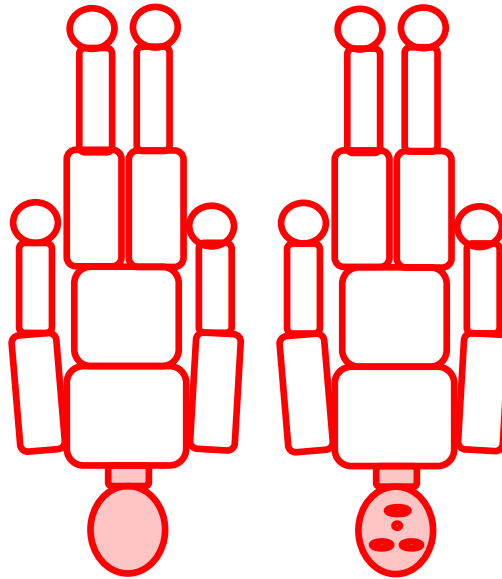


Fold here

Body Area	cpm	cpm	mR/hr
Face	12400	6696	3.6
Back of Head	7800	4212	2.3
Neck	7050	3807	2.0
Shoulders			
Fore Arms			
Palms			
Back of Hands			
Chest			
Abdomen			
Back			
Buttocks			
Thighs			
Back of Legs			
Lower Legs			
Calves			
Feet			
Clothing	16850	9099	4.9
Shoes	34300	18522	9.9
Nasal Swab	1065	575	0.3

Card: 29

CRC Exercise Toolkit
Contamination Card

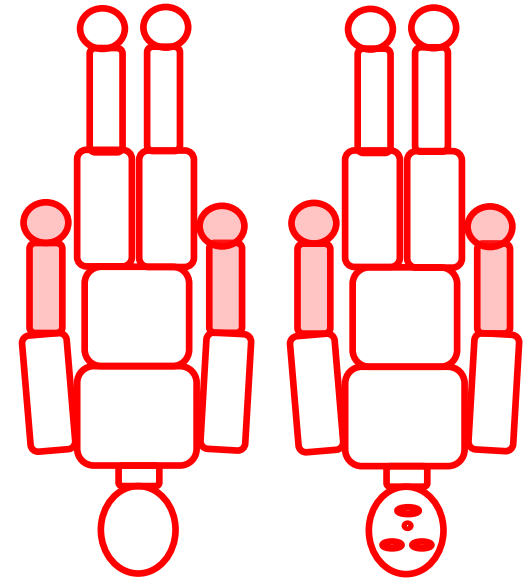


Fold here

Body Area	cpm	cpm	mR/hr
Face	12100	6534	3.5
Back of Head	9150	4941	2.7
Neck	9550	5157	2.8
Shoulders			
Fore Arms			
Palms			
Back of Hands			
Chest			
Abdomen			
Back			
Buttocks			
Thighs			
Back of Legs			
Lower Legs			
Calves			
Feet			
Clothing	18500	9990	5.4
Shoes	33750	18225	9.8
Nasal Swab	770	416	0.2

Card: 28

CRC Exercise Toolkit
Contamination Card

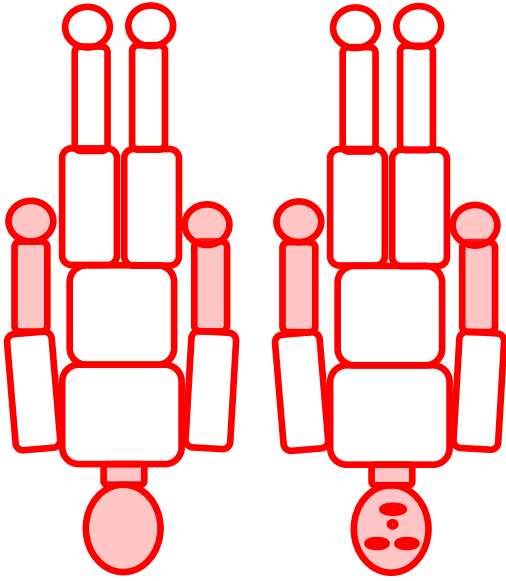


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Body Area	cpm	cpm	mR/hr
Face			
Back of Head			
Neck			
Shoulders			
Fore Arms	5300	2862	1.5
Palms	9300	5022	2.7
Back of Hands	7350	3969	2.1
Chest			
Abdomen			
Back			
Buttocks			
Thighs			
Back of Legs			
Lower Legs			
Calves			
Feet			
Clothing			
Shoes	33600	18144	9.7
Nasal Swab			

Card: 33

CRC Exercise Toolkit
Contamination Card

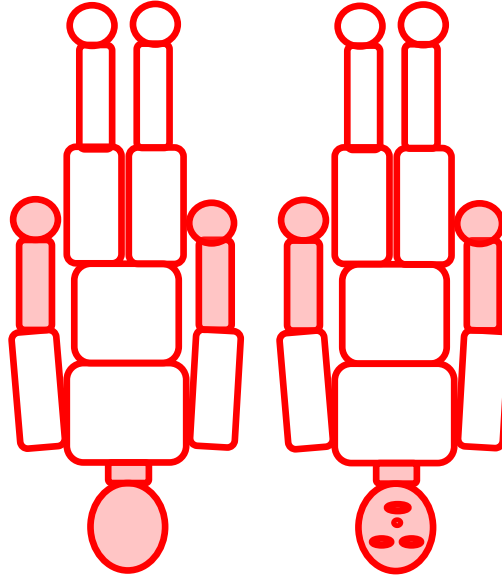


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Card: 32

CRC Exercise Toolkit
Contamination Card

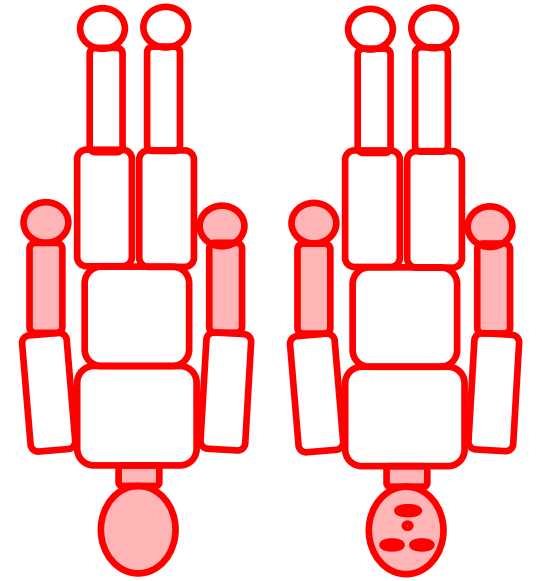


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Card: 31

CRC Exercise Toolkit
Contamination Card



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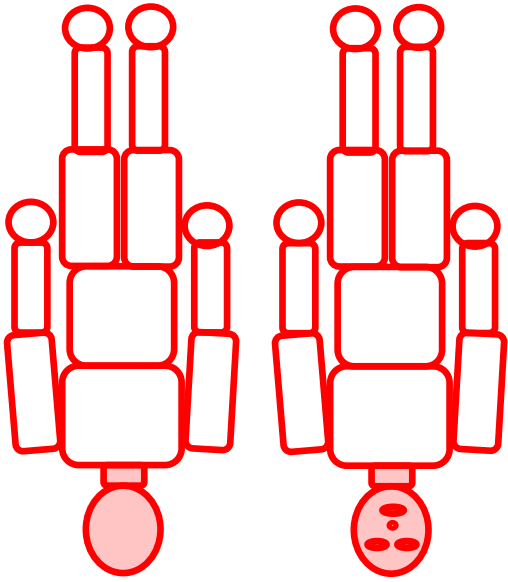
Body Area	cpm	cpm	mR/hr
Face	13300	7182	3.9
Back of Head	7400	3996	2.1
Neck	8500	4590	2.5
Shoulders			
Fore Arms	8900	4806	2.6
Palms	21500	11610	6.2
Back of Hands	13500	7290	3.9
Chest			
Abdomen			
Back			
Buttocks			
Thighs			
Back of Legs			
Lower Legs			
Calves			
Feet			
Clothing	17950	9693	5.2
Shoes	38550	20817	11.2
Nasal Swab	860	464	0.2

Body Area	cpm	cpm	mR/hr
Face	17400	9396	5.0
Back of Head	11100	5994	3.2
Neck	10950	5913	3.2
Shoulders			
Fore Arms	12000	6480	3.5
Palms	16700	9018	4.8
Back of Hands	13275	7169	3.8
Chest			
Abdomen			
Back			
Buttocks			
Thighs			
Back of Legs			
Lower Legs			
Calves			
Feet			
Clothing	24000	12960	7.0
Shoes	35800	19332	10.4
Nasal Swab	1405	759	0.4

Body Area	cpm	cpm	mR/hr
Face	12900	6966	3.7
Back of Head	9800	5292	2.8
Neck	7950	4293	2.3
Shoulders			
Fore Arms	8750	4725	2.5
Palms	9000	4860	2.6
Back of Hands	10800	5832	3.1
Chest			
Abdomen			
Back			
Buttocks			
Thighs			
Back of Legs			
Lower Legs			
Calves			
Feet			
Clothing	31600	17064	9.2
Shoes	34300	18522	9.9
Nasal Swab	720	389	0.2

Card: 36

CRC Exercise Toolkit
Contamination Card

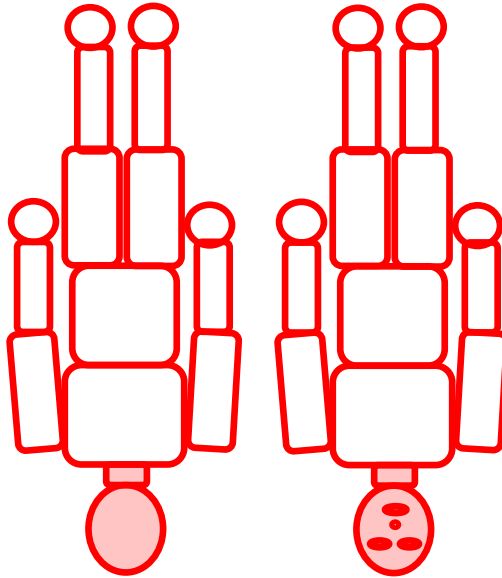


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Card: 35

CRC Exercise Toolkit
Contamination Card

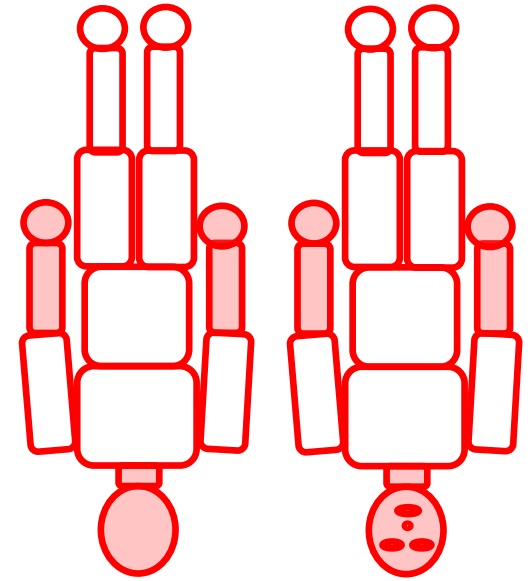


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Card: 34

CRC Exercise Toolkit
Contamination Card



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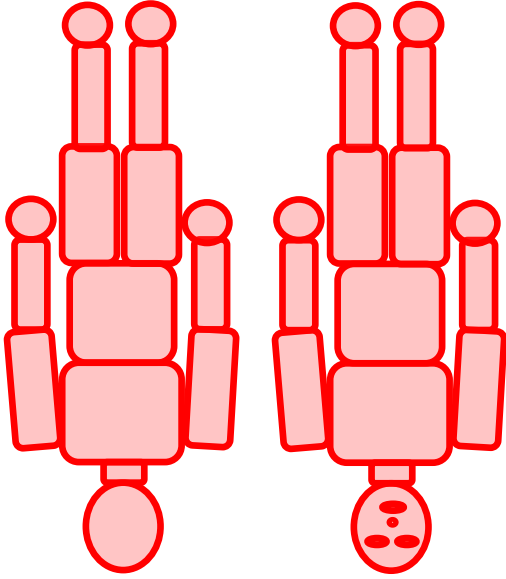
Body Area	cpm	cpm	mR/hr
Face	8900	4806	2.6
Back of Head	6050	3267	1.8
Neck	6300	3402	1.8
Shoulders			
Fore Arms			
Palms			
Back of Hands			
Chest			
Abdomen			
Back			
Buttocks			
Thighs			
Back of Legs			
Lower Legs			
Calves			
Feet			
Clothing	22850	12339	6.6
Shoes	40550	21897	11.8
Nasal Swab	735	397	0.2

Body Area	cpm	cpm	mR/hr
Face	16800	9072	4.9
Back of Head	12050	6507	3.5
Neck	10200	5508	3.0
Shoulders			
Fore Arms			
Palms			
Back of Hands			
Chest			
Abdomen			
Back			
Buttocks			
Thighs			
Back of Legs			
Lower Legs			
Calves			
Feet			
Clothing	30900	16686	9.0
Shoes	39450	21303	11.4
Nasal Swab	940	508	0.3

Body Area	cpm	cpm	mR/hr
Face	13300	7182	3.9
Back of Head	6900	3726	2.0
Neck	7550	4077	2.2
Shoulders			
Fore Arms	8900	4806	2.6
Palms	11900	6426	3.5
Back of Hands	10950	5913	3.2
Chest			
Abdomen			
Back			
Buttocks			
Thighs			
Back of Legs			
Lower Legs			
Calves			
Feet			
Clothing	28050	15147	8.1
Shoes	39350	21249	11.4
Nasal Swab	1060	572	0.3

Card: 39

CRC Exercise Toolkit
Contamination Card

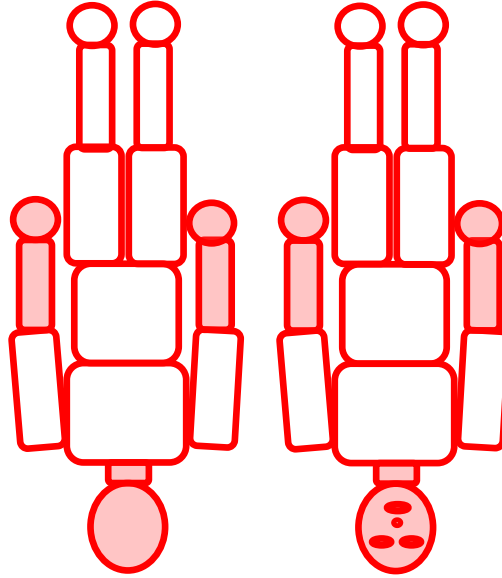


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Card: 38

CRC Exercise Toolkit
Contamination Card

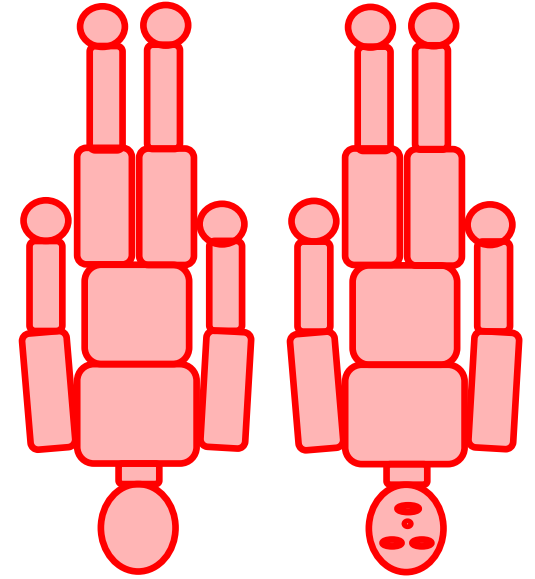


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Card: 37

CRC Exercise Toolkit
Contamination Card



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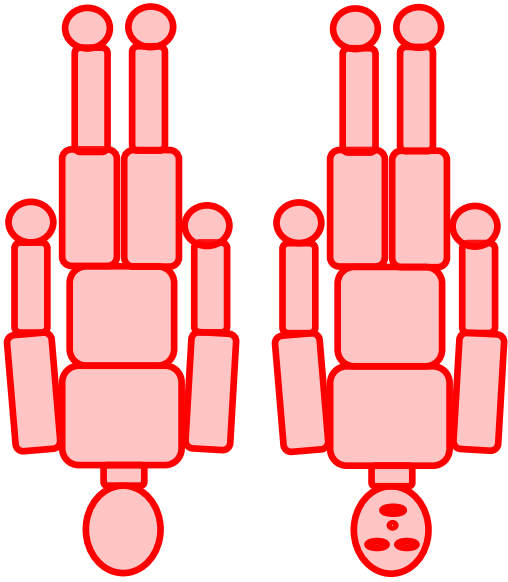
Body Area	cpm	cpm	mR/hr
Face	17400	9396	5.0
Back of Head	9550	5157	2.8
Neck	11100	5994	3.2
Shoulders	9550	5157	2.8
Fore Arms	11300	6102	3.3
Palms	23600	12744	6.8
Back of Hands	19050	10287	5.5
Chest	13700	7398	4.0
Abdomen	10250	5535	3.0
Back	10400	5616	3.0
Buttocks	12850	6939	3.7
Thighs	11650	6291	3.4
Back of Legs	13350	7209	3.9
Lower Legs	13550	7317	3.9
Calves	10750	5805	3.1
Feet	33050	17847	9.6
Clothing	34600	18684	10.0
Shoes	46800	25272	13.6
Nasal Swab	1495	807	0.4

Body Area	cpm	cpm	mR/hr
Face	9700	5238	2.8
Back of Head	7150	3861	2.1
Neck	6000	3240	1.7
Shoulders			
Fore Arms	6750	3645	2.0
Palms	9500	5130	2.8
Back of Hands	7350	3969	2.1
Chest			
Abdomen			
Back			
Buttocks			
Thighs			
Back of Legs			
Lower Legs			
Calves			
Feet			
Clothing	16850	9099	4.9
Shoes	46450	25083	13.5
Nasal Swab	665	359	0.2

Body Area	cpm	cpm	mR/hr
Face	13300	7182	3.9
Back of Head	8600	4644	2.5
Neck	8200	4428	2.4
Shoulders	7700	4158	2.2
Fore Arms	8500	4590	2.5
Palms	23400	12636	6.8
Back of Hands	12150	6561	3.5
Chest	6750	3645	2.0
Abdomen	7300	3942	2.1
Back	7550	4077	2.2
Buttocks	8750	4725	2.5
Thighs	7950	4293	2.3
Back of Legs	7550	4077	2.2
Lower Legs	9800	5292	2.8
Calves	7800	4212	2.3
Feet	13950	7533	4.0
Clothing	31650	17091	9.2
Shoes	41200	22248	11.9
Nasal Swab	850	459	0.2

Card: 42

CRC Exercise Toolkit
Contamination Card

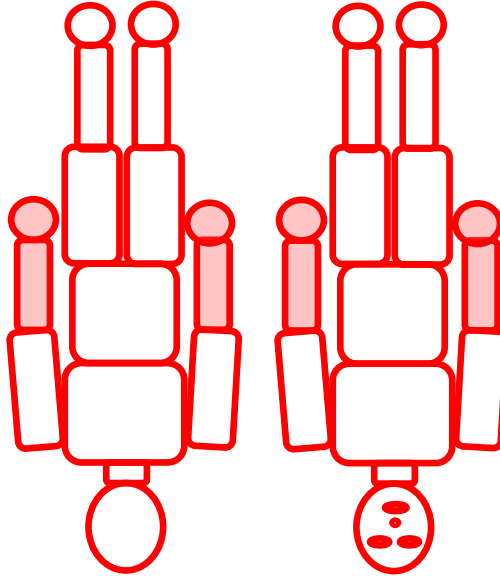


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Card: 41

CRC Exercise Toolkit
Contamination Card

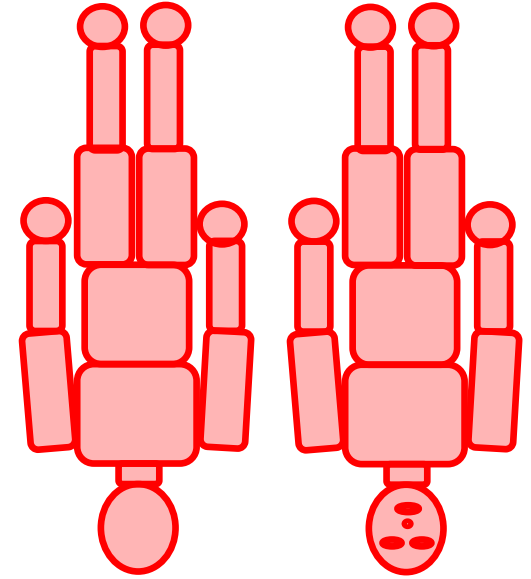


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Card: 40

CRC Exercise Toolkit
Contamination Card



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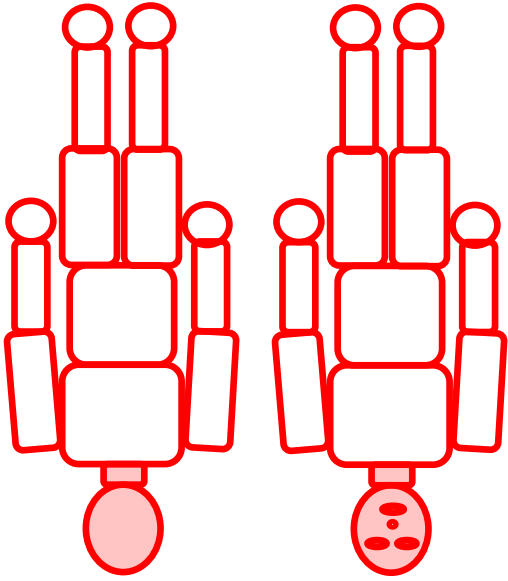
Body Area	cpm	cpm	mR/hr
Face	15900	8586	4.6
Back of Head	8700	4698	2.5
Neck	12200	6588	3.5
Shoulders	9050	4887	2.6
Fore Arms	7950	4293	2.3
Palms	26700	14418	7.7
Back of Hands	14250	7695	4.1
Chest	11900	6426	3.5
Abdomen	10650	5751	3.1
Back	8250	4455	2.4
Buttocks	8900	4806	2.6
Thighs	10650	5751	3.1
Back of Legs	10800	5832	3.1
Lower Legs	9650	5211	2.8
Calves	9850	5319	2.9
Feet	13650	7371	4.0
Clothing	24600	13284	7.1
Shoes	51800	27972	15.0
Nasal Swab	1220	659	0.4

Body Area	cpm	cpm	mR/hr
Face			
Back of Head			
Neck			
Shoulders			
Fore Arms	7650	4131	2.2
Palms	22200	11988	6.4
Back of Hands	17475	9437	5.1
Chest			
Abdomen			
Back			
Buttocks			
Thighs			
Back of Legs			
Lower Legs			
Calves			
Feet			
Clothing			
Shoes	49250	26595	14.3
Nasal Swab			

Body Area	cpm	cpm	mR/hr
Face	18300	9882	5.3
Back of Head	10050	5427	2.9
Neck	13900	7506	4.0
Shoulders	8050	4347	2.3
Fore Arms	12950	6993	3.8
Palms	20800	11232	6.0
Back of Hands	18375	9923	5.3
Chest	14050	7587	4.1
Abdomen	13150	7101	3.8
Back	11150	6021	3.2
Buttocks	12250	6615	3.6
Thighs	11500	6210	3.3
Back of Legs	12600	6804	3.7
Lower Legs	12050	6507	3.5
Calves	13700	7398	4.0
Feet	19350	10449	5.6
Clothing	27050	14607	7.8
Shoes	47000	25380	13.6
Nasal Swab	965	521	0.3

Card: 45

CRC Exercise Toolkit
Contamination Card

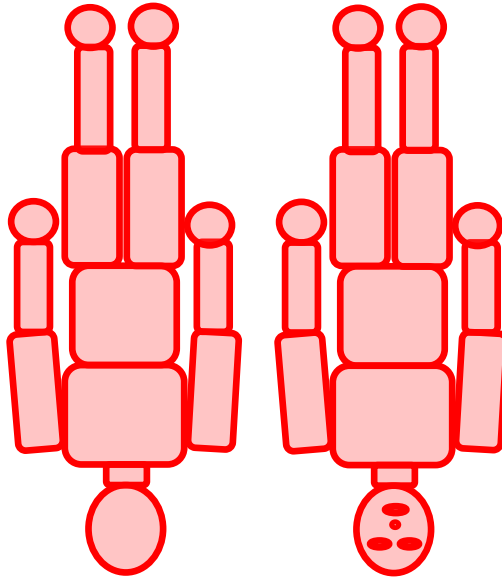


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Card: 44

CRC Exercise Toolkit
Contamination Card

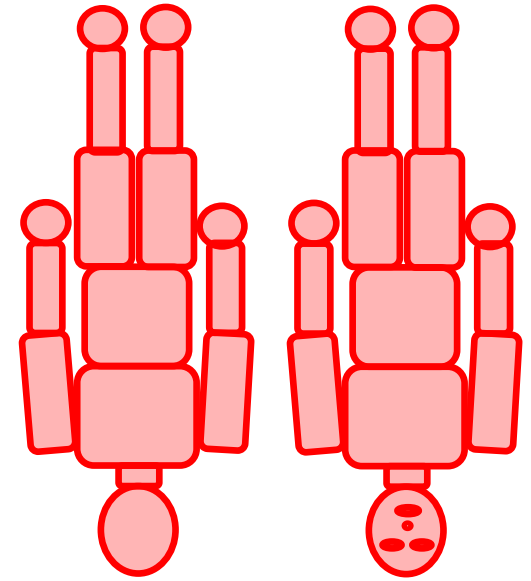


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Card: 43

CRC Exercise Toolkit
Contamination Card



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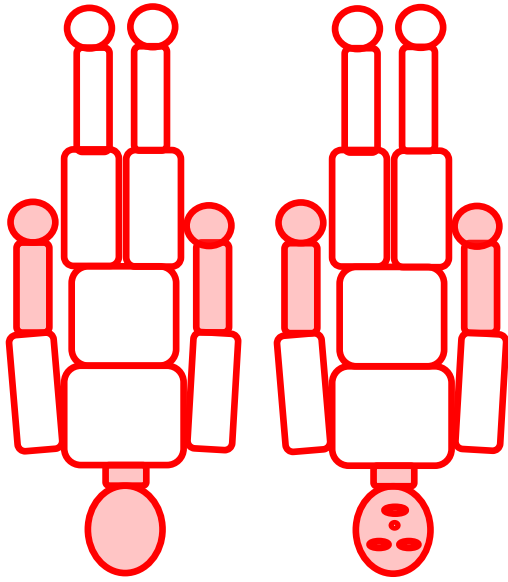
Body Area	cpm	cpm	mR/hr
Face	19000	10260	5.5
Back of Head	15200	8208	4.4
Neck	15200	8208	4.4
Shoulders			
Fore Arms			
Palms			
Back of Hands			
Chest			
Abdomen			
Back			
Buttocks			
Thighs			
Back of Legs			
Lower Legs			
Calves			
Feet			
Clothing	55100	29754	16.0
Shoes	58500	31590	17.0
Nasal Swab	1670	902	0.5

Body Area	cpm	cpm	mR/hr
Face	12900	6966	3.7
Back of Head	8350	4509	2.4
Neck	7200	3888	2.1
Shoulders	5500	2970	1.6
Fore Arms	7700	4158	2.2
Palms	20800	11232	6.0
Back of Hands	11400	6156	3.3
Chest	8350	4509	2.4
Abdomen	9150	4941	2.7
Back	8500	4590	2.5
Buttocks	8350	4509	2.4
Thighs	6800	3672	2.0
Back of Legs	7050	3807	2.0
Lower Legs	7050	3807	2.0
Calves	9400	5076	2.7
Feet	18300	9882	5.3
Clothing	24750	13365	7.2
Shoes	58050	31347	16.8
Nasal Swab	1070	578	0.3

Body Area	cpm	cpm	mR/hr
Face	13000	7020	3.8
Back of Head	8950	4833	2.6
Neck	10000	5400	2.9
Shoulders	8150	4401	2.4
Fore Arms	7400	3996	2.1
Palms	21000	11340	6.1
Back of Hands	13800	7452	4.0
Chest	7900	4266	2.3
Abdomen	7400	3996	2.1
Back	9450	5103	2.7
Buttocks	7000	3780	2.0
Thighs	9450	5103	2.7
Back of Legs	8800	4752	2.6
Lower Legs	6600	3564	1.9
Calves	10250	5535	3.0
Feet	13900	7506	4.0
Clothing	32500	17550	9.4
Shoes	54450	29403	15.8
Nasal Swab	765	413	0.2

Card:48

CRC Exercise Toolkit
Contamination Card

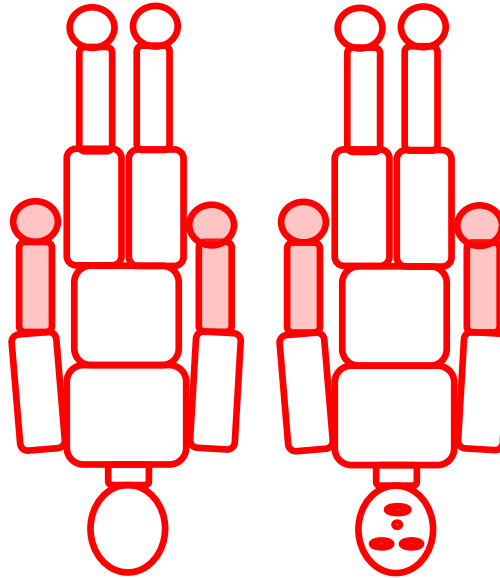


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Card: 47

CRC Exercise Toolkit
Contamination Card

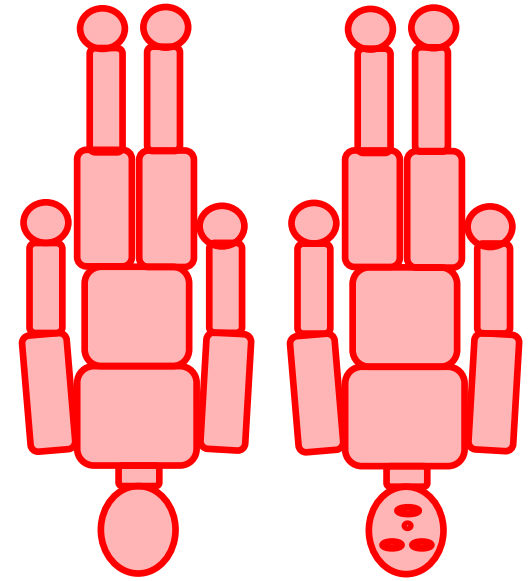


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Card: 46

CRC Exercise Toolkit
Contamination Card



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Body Area	cpm	cpm	mR/hr
Face	16900	9126	4.9
Back of Head	10600	5724	3.1
Neck	13150	7101	3.8
Shoulders			
Fore Arms	8950	4833	2.6
Palms	24300	13122	7.0
Back of Hands	12900	6966	3.7
Chest			
Abdomen			
Back			
Buttocks			
Thighs			
Back of Legs			
Lower Legs			
Calves			
Feet			
Clothing	38000	20520	11.0
Shoes	69250	37395	20.1
Nasal Swab	1300	702	0.4

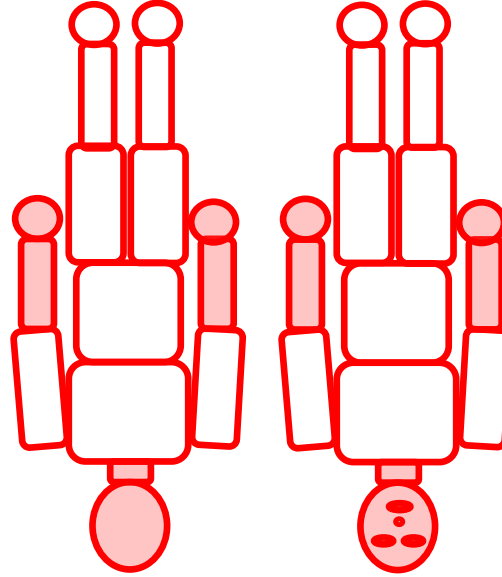
Body Area	cpm	cpm	mR/hr
Face			
Back of Head			
Neck			
Shoulders			
Fore Arms	10850	5859	3.1
Palms	27700	14958	8.0
Back of Hands	16500	8910	4.8
Chest			
Abdomen			
Back			
Buttocks			
Thighs			
Back of Legs			
Lower Legs			
Calves			
Feet			
Clothing			
Shoes	60300	32562	17.5
Nasal Swab			

Body Area	cpm	cpm	mR/hr
Face	13400	7236	3.9
Back of Head	8700	4698	2.5
Neck	7100	3834	2.1
Shoulders	8300	4482	2.4
Fore Arms	10150	5481	2.9
Palms	22200	11988	6.4
Back of Hands	12825	6926	3.7
Chest	7200	3888	2.1
Abdomen	9500	5130	2.8
Back	8700	4698	2.5
Buttocks	9500	5130	2.8
Thighs	6700	3618	1.9
Back of Legs	9100	4914	2.6
Lower Legs	7350	3969	2.1
Calves	7200	3888	2.1
Feet	16050	8667	4.7
Clothing	21700	11718	6.3
Shoes	58650	31671	17.0
Nasal Swab	910	491	0.3

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Card: 50

Contamination Card
CRC Exercise Toolkit



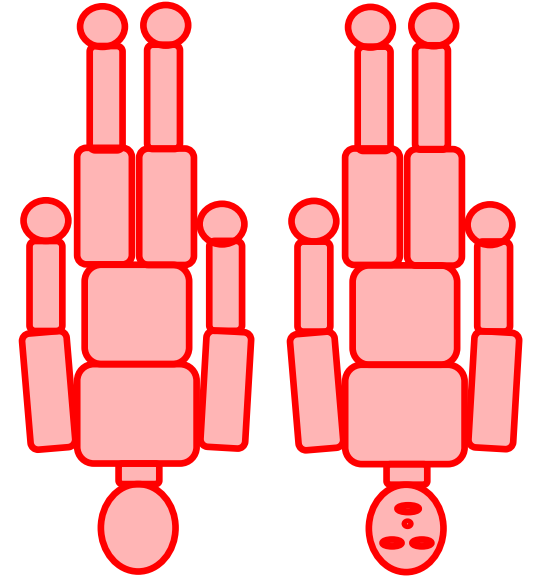
Fold here

Body Area	cpm	cpm	mR/hr
Face	16300	8802	4.9
Back of Head	10550	5697	3.3
Neck	10750	5805	3.0
Shoulders			2.9
Fore Arms	11850	6399	3.5
Palms	22100	11934	8.8
Back of Hands	18075	9761	5.9
Chest			3.1
Abdomen			3.8
Back			3.2
Buttocks			3.0
Thighs			3.3
Back of Legs			3.4
Lower Legs			3.7
Calves			3.9
Feet			5.2
Clothing	34200	18468	12.6
Shoes	78400	42336	20.3
Nasal Swab	1450	783	0.4

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Card: 49

Contamination Card
CRC Exercise Toolkit



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Body Area	cpm	cpm	mR/hr
Face	16900	9126	4.9
Back of Head	11300	6102	3.3
Neck	10300	5562	3.0
Shoulders	10100	5454	2.9
Fore Arms	11950	6453	3.5
Palms	30400	16416	8.8
Back of Hands	20250	10935	5.9
Chest	10600	5724	3.1
Abdomen	13150	7101	3.8
Back	11150	6021	3.2
Buttocks	10300	5562	3.0
Thighs	11450	6183	3.3
Back of Legs	11650	6291	3.4
Lower Legs	12650	6831	3.7
Calves	13350	7209	3.9
Feet	18050	9747	5.2
Clothing	43600	23544	12.6
Shoes	70100	37854	20.3
Nasal Swab	1350	729	0.4